

# UK AMATEUR BAND PLAN • VHF / UHF

6 m, 4 m, 2 m and 70 cm • sheet 2 of 2 • frequencies in MHz • yellow = calling frequencies & centres of activity • power = max PEP by licence class (F / I / Full)

- CW (telegraphy) (C)

Narrow band modes (≤ 500 Hz) (N)

Digital / data (incl. unattended) (D)
- Weak-signal SSB, CW & MGM (W)

All modes (A)

FM / DV channels & repeaters (F)
- Beacons (B)

Satellite (S)

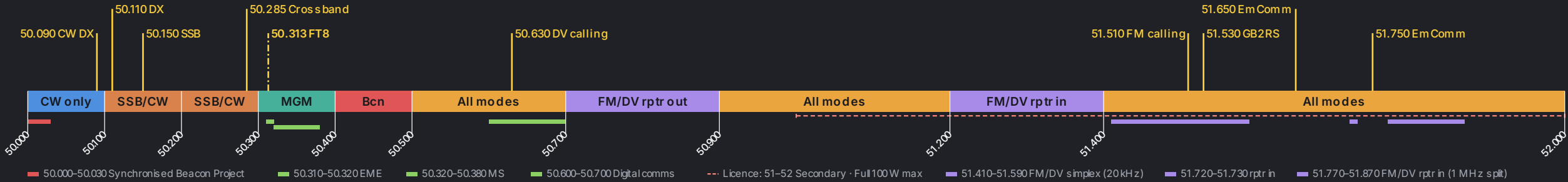
Emergency comms & community events (E)
- Guard / not designated (G)

Calling freq / centre of activity

FT8 dial frequency (convention)
- Ofcom licence restriction

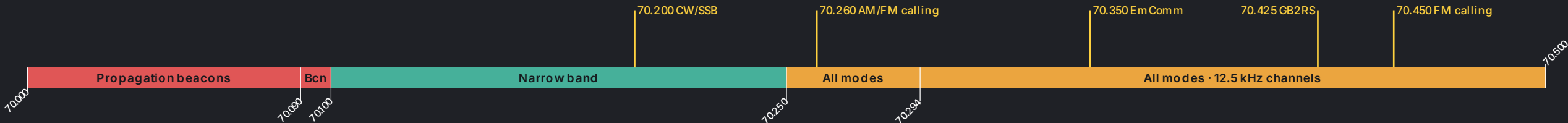
## 6 m

50–51: F 25 W • I 100 W • Full 1 kW



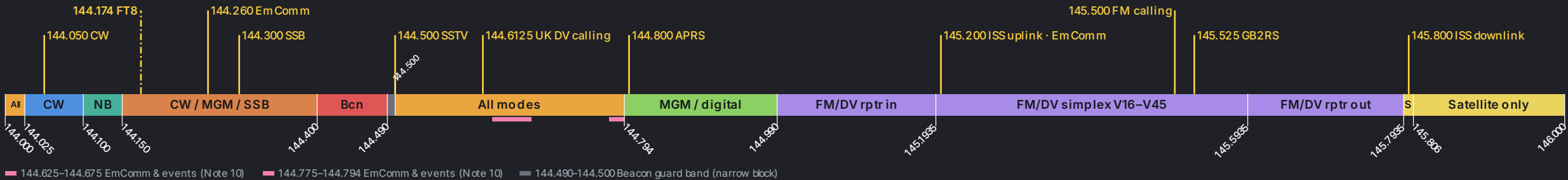
## 4 m

F 25 W • I 100 W • Full 160 W



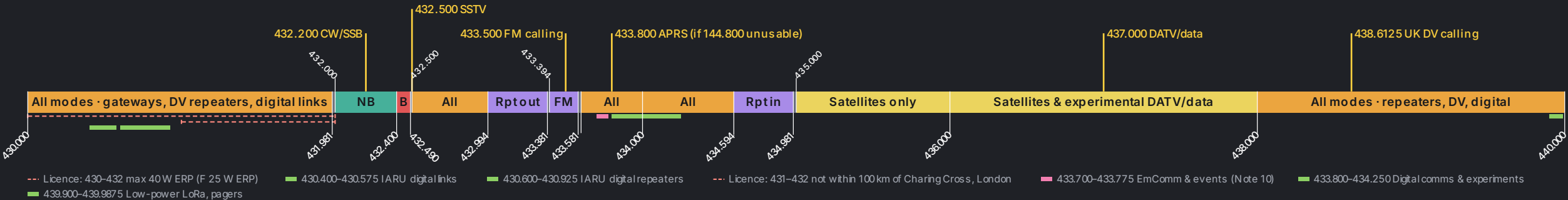
## 2 m

F 25 W • I 100 W • Full 1 kW  
Specific conditions within 50 km of Scarborough (TA 012 869)



## 70 cm

432–440: F 25 W • I 100 W • Full 400 W



F = Foundation • I = Intermediate • Full = Full licence. Power is maximum PEP unless ERP/EIRP is stated (Ofcom licence schedule, Feb 2024). Coloured blocks are RSGB voluntary band-plan recommendations. Licence limits are shown in the band headings and as dashed red brackets. Yellow continuous ticks: RSGB calling frequencies and centres of activity (a guide to where activity is found; they confer no precedence). Yellow dash-dot ticks: FT8 dial frequencies (USB) — an operating convention, not an RSGB designation. QRP = low power • QRS = slow Morse • DV = digital voice • MGM = machine-generated modes • NB = narrow band • Rpt/rptr = repeater • Em Com m / EC = emergency comms & community events • IBP = International Beacon Project • Bcn = beacon • Sat = satellite • R1 = IARU Region 1.

Based on the RSGB Band Plan master workbook, issue January-2026, and the Ofcom amateur licence schedule. Not affiliated with the RSGB or Ofcom. Always check the current band plan and your licence. Generated 2026-10-10. Reconciliation: 0 errors, 17 warnings — see discrepancy report. Labels moved off the strip for space (ticks retained): 70cm: boundaries 433.600.